



Facilities on offer at Blackburn Sports and Leisure Centre include a 25-metre pool, a small pool with moveable floor, two flumes and a children's water play zone.

There is also a spacious 80 station fitness suite, an aerobics studio with sprung floor, a separate Spinning studio, sauna and steam rooms and two four-court sports halls.



BLACKBURN Sports & Leisure Centre



re:fresh
your health and wellbeing

re:fresh is discounted leisure for adults aged 16 years and over who live, work, have a GP or is in full time education in Blackburn with Darwen. Proof is required to obtain these discounts and Leisure Cards must be presented at each visit.

Please note: This is our holiday timetable - for more information please visit bwdleisure.com



HOLIDAY TIMETABLE 2019

bslc@blackburn.gov.uk
bwdleisure.com

BLACKBURN HOLIDAY PROGRAMME

	MAIN POOL		SMALL POOL		FLUME		SAUNA & STEAM ROOM		GYM	
MONDAY	Lengths Only Public Swim (refresh) Public Swim Lengths Only Family Swim - Flumes (refresh) Public Swim & Lessons Swim Fit Lengths Only (refresh)	6.30am - 9am 9am - 10am 10.15am - 11.45am 12pm - 1pm 1pm - 3.45pm 4pm - 8pm 8pm - 9pm 9pm - 10pm	Parent & Toddler (refresh) Public Swim Family Swim - Toys/Floats (refresh) Aqua Mobility Lessons Deep Water Fitness Class	9am - 10am 10.15am - 11.45pm 12pm - 1.45pm 2pm - 3pm 4pm - 7pm 7.15pm - 8.15pm	Flume	10.15am - 11.45am 1pm - 3.45pm	Mixed 7am - 9pm	Gym Junior Gym*	6.30am - 10pm 4pm - 5pm	
TUESDAY	Lengths Only (refresh) Public Swim (refresh) Public Swim Lengths Only Family Swim - Flumes (refresh) Public Swim & Lessons Ladies Only Swim (refresh) Ladies Lengths Only (refresh)	6.30am - 9am 9am - 10am 10.15am - 11.45am 12pm - 1pm 1pm - 3.45pm 4pm - 7.30pm 8pm - 9pm 9pm - 10pm	Parent & Toddler (refresh) Public Swim Family Swim - Toys/Floats (refresh) Lessons Mother & Toddler (refresh) Ladies, Girls & Boys under 8 Swim (refresh)	9am - 10am 10.15am - 11.45pm 12pm - 3.45pm 4pm - 7pm 7pm - 8pm 8pm - 9pm	Flume	10.15am - 11.45am 1pm - 3.45pm	Mixed Ladies Only 7am - 7.30pm 8pm - 9pm	Gym Junior Gym*	6.30am - 10pm 4pm - 5pm	
WEDNESDAY	Lengths Only Public Swim (refresh) Public Swim Lengths Only Family Swim - Flumes (refresh) Public Swim & Lessons Swimming Club Lengths Only (refresh)	6.30am - 9am 9am - 10am 10.15am - 11.45am 12pm - 1pm 1pm - 3.45pm 4pm - 6pm 6pm - 9pm 9pm - 10pm	Parent & Toddler (refresh) Public Swim Lane Walking (refresh) Family Swim - Toys/Floats (refresh) Aqua Mobility Lessons Aqua Natal (refresh) Splash Aerobics Deep Water Fitness Class	9am - 10am 10.15am - 11.45pm 12.30pm - 1pm 1pm - 2.30pm 2.30pm - 3.30pm 4pm - 6pm 6.15pm - 7pm 7.15pm - 8pm 8pm - 8.45pm	Flume	10.15am - 11.45am 1pm - 3.45pm	Mixed 7am - 9pm	Gym Junior Gym*	6.30am - 10pm 4pm - 5pm	
THURSDAY	Lengths Only Public Swim (refresh) Public Swim Lengths Only Family Swim - Flumes (refresh) Public Swim & Lessons Swim Fit Public Swim (refresh) Swimfit Lengths Only (refresh)	6.30am - 9am 9am - 10am 10.15am - 11.45am 12pm - 1pm 1pm - 3.45pm 4pm - 6pm 6pm - 7pm 7pm - 8pm 8pm - 9pm 9pm - 10pm	Parent & Toddler (refresh) Aqua Mobility Deep Water Fitness Family Swim - Toys/Floats (refresh) Lessons	9am - 10.30am 10.30am - 11.30am 12pm - 1pm 1pm - 3.45pm 4pm - 7pm	Flume	10.15am - 11.45am 1pm - 3.45pm	Mixed Men Only 7am - 8pm 8pm - 9pm	Gym Junior Gym*	6.30am - 10pm 4pm - 5pm	
FRIDAY	Lengths Only Public Swim (refresh) Public Swim Lengths Only Family Swim - Flumes (refresh) Public Swim & Lessons Family Swim - Flumes (refresh) Lengths Only Swim Session (refresh)	6.30m - 9am 9am - 10am 10.15am - 11.45am 12pm - 1pm 1pm - 3.45pm 4pm - 7pm 7pm - 9pm 9pm - 10pm	Parent & Toddler (refresh) Public Swim Family Swim - Toys/Floats (refresh) Lessons	9am - 10am 10.15am - 12.45pm 1.30pm - 3.45pm 4pm - 7pm	Flume	10.15am - 11.45am 1pm - 3.45pm 7pm - 9pm	Mixed 7am - 9pm	Gym Junior Gym*	6.30am - 10pm 4pm - 5pm	
SATURDAY	Lessons Public Swimming Family/Junior Discounted Swim (refresh)	8.30am - 12pm 9am - 1.45pm 2pm - 5pm	Lessons Public Swim Family Swim (refresh)	8.30am - 12pm 12.30pm - 1.45pm 2pm - 5pm	Flume	10am - 4pm	Mixed 9.30am - 4pm	Gym Gym (refresh) Junior Gym*	9am - 5pm 1pm - 5pm 9.30am - 10.30am	
SUNDAY	Public Swimming Family/Junior Discounted Swim (refresh) Lengths Only	9am - 1.45pm 2pm - 3.45pm 4pm - 5pm	Public Swim Family Swim (refresh) Parent & Toddler	9am - 1.45pm 2pm - 3.45pm 4pm - 5pm	Flume	10am - 4pm	Mixed 9.30am - 4pm	Gym Gym (refresh) Junior Gym*	9am - 5pm 1pm - 5pm 9.30am - 10.30am	

* Junior Gym (12-15 years) Consent form required.

Children aged under 8 must be accompanied by a responsible adult.
An adult is someone who is 16 years or over. Only two children aged 1-8 can accompany one responsible adult.
Children under 1 require one to one supervision, unless it is a Parent & Toddler session where you can take 2 children per adult.

PLEASE NOTE: During busy periods, the pool will operate sessions of one hour and 15 minutes.
Last admission to pool is 30 minutes before end of session.
Last admission for the gym is one hour before closing.
BwD Leisure cards must be presented by all users to obtain discounted rates.